

health

Power of ride shows in donations

■ Lynnda Laubach and volunteers from the annual cancer ride hand over \$13,000

Lynnda Laubach and volunteers from The Lynnda Laubach Breast Cancer Awareness Ride (LLBCAR) presented on March 13 a \$13,000 check to The Breast Health Center of Regions Hospital. After the presentation of the check, the volunteers were given a tour of the Breast Center by the Regions staff. The funds were part of the money raised through donations throughout the year and also from the annual ride that took place last September.

LLBCAR is dedicated to helping breast cancer patients/survivors and



A check for \$13,000 was presented March 13. Front row: Angie Swanson, Sue Christofferson, Mark Christofferson, Cindy Rosen, Barb Miller-Maclin and Keevan Kosidowski. Row 2: Scott Cruse, Regions nurse, Lynnda Laubach and Judy Cannon.

their families. Money raised through the foundation is disbursed through Regions, Unity, and Mercy hospitals. Last year alone, \$71,000 was raised to this goal. In all since its inception, LLBCAR has raised close to \$250,000 that went to those who needed help and support.

“As always, we are in great appreciation and gratitude to those who donate and participate,” said Kent Runksmeier, one of the Lynnda Laubach Ride volunteers.

The annual ride this year will take place on Saturday, Sept. 24 and will begin at Zylstra Harley-Davidson

in Elk River, with the post-ride party to take place at Rockwoods in Otsego. This event is open to riders and non-riders alike.

To learn more about Laubach and LLBCAR, or to make a donation, visit www.thebreastcanceride.org.

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